

We believe in the power of food to advance your healing and aid in your well-being. Its power to connect,comfort, restore and rejuvenate. Motivated by this belief, our team of chefs have put together a menu of daily specials featuring fresh ingredients which are locally sourced whenever possible. These modern offerings will be tailored to meet your specific dietary needs providing you with an exceptional experience.

Please Enjoy ...

A server will assist you with any questions you may have and guide you through the ordering process.

A Patient Dining Associate will assist you with any questions you may have and guide you through the ordering process.

Dining Associates can be reached at \_\_\_\_\_ between 7:00am-7:00pm daily. Rev 8/15/2023 We work with our Atrium partners to incorporate and practice sustainability throughout our kitchens by increasing our efforts to reduce food waste and giving back to those in our neighboring communities. We aim to provide the highest standards and quality meals including plant-forward/vegetarian options as well as those on specialized diets.



### **2GM SODIUM DIET**

SCRAMBLED EGGS turkey bacon, vanilla yogurt, banana,

unday

and old-fashioned oatmeal

CHICKEN POT PIE

whole wheat dinner roll, steamed broccoli, melon and grape fruit cup, and vanilla mousse

Juney LASAGNA ROLL UP WITH MEAT SAUCE

sautéed zucchini, fruit cup, and strawberry shortcake parfait

#### turkey bacon, fruit cup, whole wheat english muffin

unch

SCRAMBLED EGGS

CHICKEN TINGA BOWL shredded chicken in tomato and chipotle chile adobo sauce, with a whole wheat dinner roll, mixed melon, and a banana

functly **MEATLOAF** garlic mashed potatoes, whole kernel corn, cubed pineapple, and citrus mousse

## SPINACH & PARMESAN QUICHE

turkey bacon, vanilla yogurt, mixed melon, and apple cinnamon muffin

# BAKED FISH WITH

CRUMB TOPPING

brown rice, seasoned green beans, melon & grape fruit cup, and cheesecake trifle with fresh berries

Vinner

### BRAISED BEEF SPANISH STYLE

yellow rice, sautéed spinach, diced peaches, and chocolate mousse



SCAN QR CODE FOR ALTERNATE DIET MENUS

EBERRY PANCAKES

mixed melon

unch

linner,

unch

linner

vanilla mousse

scrambled eggs, vanilla yogurt, and

**CAROLINA BBQ PORK ROAST** 

macaroni and cheese, seasoned green

marsala sauce, brown & wild rice pilaf,

steamed broccoli & cauliflower, and

**CINNAMON FRENCH TOAST** 

mashed potatoes, roasted carrots,

melon & grape fresh fruit cup, and

**PESTO GRILLED CHICKEN** 

steamed broccoli, and double

whole wheat penne pasta, marinara sauce,

EGG & CHEESE SCRAMBLE BOWL

rosemary roasted potato, steamed carrots,

salsa, mandarin oranges, old-fashioned

**ROTISSERIE CHICKEN** 

fruit cup, and lemon pudding

**BROILED SALMON WITH** 

MEDITERRANEAN SPICES

lemon dill sauce, savannah red rice,

seasoned green beans, whole wheat

dinner roll, and angel food cake with

and mandarin oranges

SALISBURY STEAK

cinnamon apples

chocolate trifle

oatmeal

linner,

strawberries

scrambled eggs, banana foster sauce,

beans, melon & grape fruit cup,

and applesauce with cinnamon

**17 SPICE GRILL CHICKEN** 

Jour

LIKE YOUR MEDICATIONS, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY HAVE RESTRICTIONS TO HELP MEET YOUR MEDICAL NEEDS. PLEASE REFER TO THE QR CODE FOR COMMON DIETS BELOW.

REGULAR

**2 GM SODIUM** 

#### CONSISTENT CARBOHYDRATE

**MEDITERRANEAN** 

RENAL

VEGETARIAN

INTERNATIONAL DYSPHAGIA

PEDIATRICS

SCRAMBLED EGGS denver omelet topping, turkey bacon, fruit cup, and buttered grits

unch

**GRILLED PORK CHOP** 

country peppercorn gravy, herbed brown rice, caramelized carrots, melon & grape fruit cup, and citrus mousse

Dinner

CHICKEN FRIED RICE mushroom miso broth, cubed pineapple, and orange creamsicle gelatin